



PE Overview: 2025 - 26



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	LSSP Coach: (RLMc) Introduction to PE	Fundamentals	Gymnastics	Dance	Ball Skills	Games
Year 1	LSSP Coach: Fundamentals (1PK)	Ball Skills	Everton in the Community Target Games	Everton in the Community Sending and Receiving	Dance	Team building
Significant figure					Diversity Dance Group	
Year 2	Everton in the Community Ball Games	Everton in the Community Target Games	Gymnastics	Fitness	Athletics	Striking and Fielding
Significant figure			Lewis Smith		Katarina Johnson-Thompson	
Year 3	Everton in the Community Ball Skills	Everton in the Community Attacking & Defending	Fitness	Dance	Athletics	Strike & Field (Cricket)
Significant figure				Jabbawockeez	Ahmed El-Gendy	Freddy Flintoff
Year 4	Gymnastics	Hockey	Everton in the Community Ball Skills	Everton in the Community Attack & Defend	Swimming	Athletics Swimming
Significant figure	Beth Tweddle	Sohail Abbas				Sophie Hahn Johnny Peacock
Year 5	Fitness	Baseball	Swimming	Swimming	Everton in the Community Gymnastics	Everton in the Community OAA
Significant figure	Mat Fraser	Barry Bonds			Simone Biles	
Year 6	Invasion Basketball Mersey Mavericks Swimming	Invasion Basketball Mersey Mavericks Swimming	Fitness	Zone Games	Everton in the Community Rounders	Everton in the Community OAA Top Up Swimming
Significant figure			Alex Yee			

Through the teaching of P.E.at Smithdown, we aim to:

- promote physical activity through enthusiasm, enjoyment and success
- promote physical development and improve natural abilities
- develop an understanding of the body's needs and the effects of physical activity thus promoting a healthy lifestyle
- develop positive attitudes to physical endeavour including perseverance, fair play and sporting behaviour, and the ability to cope with success and failure
- develop aesthetic and creative awareness of movement
- develop understanding and acceptance of the need for rules
- embed values such as fairness and respect
- develop personal and interpersonal skills in a practical way where discipline, safety and consideration for others become a natural habit
- provide many varied opportunities for competition both within and outside our school environment