








Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Pizza Day A selection of homemade pizza served with potato wedges. Choose from Cheese & Tomato, Ham or Pepperoni served with potato wedges	Chicken Fajita's Strips of fresh chicken marinated in herbs and spices and served on a tortilla wrap with savoury rice	Lasagne Fresh minced beef cooked with onions, garlic, tomatoes, and herbs, then layered between sheets of lasagne pasta and topped with a béchamel sauce, and baked in the oven	Sausage & Mash Choose from either fresh butcher's sausage or a Quorn sausage, served on a bed of homemade mashed potatoes served with gravy	Fish 'Fryday' Choose from a battered cod fillet or breaded cod fillet fingers baked in the oven & served with chips
or	or	or	or	or
Panini's A Panini bread filled with cheese or cheese and ham then baked in the oven until melted	Sweet Chilli Cod Pieces of Cod fillet cooked in a sweet chilli sauce and served on a bed of savoury rice	Fishcakes Flaked fillet mixed with homemade mashed potatoes and shaped into patties, covered with seasoned flour, and baked in the oven. Served with boiled rice	Tomato & Basil Pasta Cooked pasta spirals mixed with a homemade tomato sauce then topped with cheese and baked in the oven until golden	Vegetable Nuggets A selection of vegetable mixed together and coated in breadcrumbs and baked in the oven until crispy. Served with chips
Served				
Sweetcorn	Green Beans	Carrot Batons	Mixed Vegetables	Peas or Baked Beans
or				
Jacket Potatoes served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, ham, turkey & baked beans (when available)				
or				
Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.				
  				
And for dessert				
Iced Sponge	Iced Fingers	Trifle or Jelly	A selection of cookies	Ice cream
Fresh Fruit, Fruit Pots, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.				
And finally, a drink				
A selection of the following drinks will be available daily. freshly made milkshakes – chocolate or strawberry, fresh fruit juice – apple or orange or water.				

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Spaghetti Bolognese Fresh minced beef, cooked with onions, garlic, mushrooms, tomatoes, and herbs. Served on a bed of pasta served with garlic bread.	Creamy Chicken Curry Fresh pieces of chicken cooked with onions, garlic, cumin, coriander, turmeric, ginger, yogurt, and coconut milk. Served on a bed of rice with Naan bread	Pulled Chicken A whole chicken rubbed with chilli, cinnamon, brown sugar, and cumin then slowly cooked on a bed of onions and garlic and shredded. Mixed with a homemade BBQ sauce and served on a bed of rice.	Burger Bar Choose from a homemade beef burger or a spicy bean burger, served in a bun with diced potatoes	Fish 'Fryday' Choose from a battered cod fillet or breaded cod fillet fingers or a simple salmon fillet, all baked in the oven & served with chips
or	or	Or	or	or
Macaroni Pasta Macaroni pasta cooked and mixed with a homemade cheese sauce.	Everybody's Favourite Cheese Pie A pastry case filled with cheese and eggs, baked in the oven until golden and served with garlic bread	Vegetable Samosa A selection of vegetables cooked with spices then encased in pastry and baked in the oven. Served with pasta	Tuna pasta Tuna, pasta, and sweetcorn mixed together with mayonnaise	Vegetable Nuggets A selection of seasonal vegetables mixed together and coated in a light batter and served with chips
Served with				
Green Beans	Broccoli	Salad	Mini Corn Cobs	Peas or Baked Beans
or				
Jacket Potatoes and Panini's served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, egg mayonnaise, ham, turkey & baked beans (when available)				
Or				
Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.				
  				
And for dessert				
Jam sponge & Custard	Mousse	Meringues	Muffins	Ice Cream
Fresh Fruit, Fruit Pots, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.				
And Finally, a drink				
A selection of the following drinks will be available daily. freshly made milkshakes – chocolate or strawberry, fresh fruit juice – apple or orange or water.				

Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
All Day Breakfast Choose from either a pork or Quorn sausage, served with scrambled eggs, baked beans, and a hash brown.	Chilli Nachos Choose from either fresh mince beef or Quorn mince cooked with onions, mild chilli powder, red peppers and topped with tortilla chips and cheese and served on a bed of rice.	Scouse Choose from fresh beef or Quorn chunks cooked slowly with onions, carrots, leeks, potatoes, and stock	Garlic Pizza A homemade pizza base topped with garlic and herbs and served with fresh diced potatoes	Fish 'Fryday' Choose from a battered cod fillet or breaded cod fillet fingers baked in the oven & served with chips
	or	or	or	or
	Falafel wrap. Onion, garlic, chickpeas, cumin, and seasoning mixed together with egg, shaped into patties, and baked, served on a wrap with mint Yoghurt	Chow Mein onions, carrots, garlic, soy sauce and stock, served on a bed of noodles	Homemade Cheese and onion pasty savoury cheese and onion filling encased in puff pastry and baked in the oven until golden	Quorn Nuggets Quorn nuggets coated in breadcrumbs and baked in the oven until crispy. Served with chips
Served				
Rosemary & Garlic Mushrooms	Salad	Sweetcorn	Beans	Peas or Baked Beans
or				
Jacket Potatoes served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, ham, turkey & baked beans (when available)				
or				
Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.				
  				
And for dessert				
Iced Sponge	Jelly	Sorbet	Cup Cake	Ice cream
Fresh Fruit, Fruit Pots, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.				
And finally, a drink				
A selection of the following drinks will be available daily. freshly made milkshakes – chocolate or strawberry, fresh fruit juice – apple or orange or water.				